

Modified Rules Summary for U8 - U10 Academy

updated 2/4/2020

| Age Group | U8 | U9 | U10 |
|--|--|---|---|
| Level | Academy Rec | Academy Rec | Academy Rec |
| Organization | East Central | East Central | East Central |
| Format | 4v4 no GK | 7 v 7 Goalie Included | 7 v 7 Goalie Included |
| Center Referee Fee | N/A | \$18 | \$18 |
| Two Assistant Referee Fees | N/A | \$16 | \$16 |
| Duration of Game (Minutes) | 4x10 | 2x25 | 2x25 |
| Offside | No | Yes | Yes |
| Penalty Kicks | No | Yes | Yes |
| Restart game | players can either throw-in or pass the ball in with their feet. | One throw-in: Lost Possession | One throw-in: Lost Possession |
| Free Kicks | All kicks are indirect | Standard | Standard |
| Opponents away from kick in yards | 4 Yards | 8 Yards | 8 Yards |
| Ball Size | 3 | 4 | 4 |
| Substitutions | Any Stoppage/Unlimited | Any Stoppage/Unlimited | Any Stoppage/Unlimited |
| Player cards needed | No | No | No |
| WYSA Coach Pass required to be on team side during game | Yes | Yes | Yes |
| Score Kept | No | No | No |
| Info to refs before game (note each team is responsible for 1/2 of the referee & Assistant Referee Fees) | N/A | Referee payment | Referee payment |
| Field Dimensions (yards) | 25-35 length & 15-25 width | 55-65 length & 35-45 width | 55-65 length & 35-45 width |
| Goal Dimensions (feet) | 4' x 6' | 6.5' x 18.5' | 6.5' x 18.5' |
| Build Out Lines (yards) | *East Central has adapted the rule that the U8 academy teams will use the halfway line as a build out line for goalkicks | *Build out line should be equidistant between the penalty area line and halfway line. | *Build out line should be equidistant between the penalty area line and halfway line. |
| Roster Size | pool roster | pool roster | pool roster |
| Min. playing time for each player | 50% | 50% | 50% |

Additional Game Rule Notes

- Every game should begin with a coin toss by the Referee with visiting team calling it. Team winning the coin toss can choose to take the kick off or which goal they will attack.

-* In U8/ U9/10 games, when the goalkeeper has the ball, or a goalkick is being taken, the opposing team must move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper, or whomever is taking the goalkick, can pass, throw or roll the ball to a teammate. After the ball is put into play, the opposing team can then cross the build out line and play can resume as normal."

- No heading – indirect free kick from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred

- When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line until the ball is put into play.

o Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punting is not allowed).

o If a goalkeeper punts the ball, an indirect free kick should be awarded to the opposing team from the spot of the offense.

o If the punt occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

- Game may not start or continue if there are less than 5 players on a team