

## Modified Rules Summary for 10U

updated 2/2/2020

Age Group	10U
Level	Rec
Organization	East Central
Format	7v7 Goalie Included (6 field players & 1 goalie)
Center Referee Fee	\$18
Two Assistant Referee Fees	\$16
Duration of Game (Minutes)	2x25
Offside	Enforced
Penalty Kicks	Yes
Throw-Ins	Lost Possession
Free Kicks	Standard
Opponents away from kick in yards	8 Yards
Ball Size	4
Slide Tackling (If no, penalty is:)	No -direct free kick
Substitutions	Normal Rules
Goalkeeper Rule	Please See Below
Player cards needed	No
WYSA Coach Pass Required to be on team side during	Yes
Score Kept	No
Info to refs before game (note each team is responsible for 1/2 of the referee & Assistant Referee Fees)	Referee payment
Who's responsible to report score	N/A
Where to report Red & Yellow Cards	Referees in Game Officials
Where to report other incidents	Referees in Game Officials
Field Dimensions (yards)	55-65 length & 35-45 width
Goal Dimensions (feet)	6.5' x 18.5'
Build Out Lines (yards)	*Build out line should be equidistant between the penalty area line and halfway line. See below for more Info also.
Roster Size (minimum)	9
Roster Size (maximum)	14
Min. playing time for each player	50%

### Notes

\*The buildout line will also be used to denote where offside offenses can be called. Players cannot be penalized for an offside offense between the halfway line and the buildout line. Players can be penalized for an offside offense between the build out line and the goal  
 Every game should begin with a coin toss by the Referee with visiting team call it. Team winning the coin toss can choose to take the kick

### 7v7 Rule notes:

No heading – indirect free kick from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred

When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the

- o Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punting is not
- o If a goalkeeper punts the ball, an indirect free kick should be awarded to the opposing team from the spot of the offense.
- o If the punt occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

Game may not start or continue if there are less than 5 players on a team